



# The Cheesecake Factory<sup>®</sup>

## Nutritional Guide



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While we're committed to providing accurate nutritional information, because our recipes are prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided.

The values are derived from standardized recipes and serving sizes.

We will do our best to accommodate special requests to prepare your meal just the way you like it.

Modifications may alter the nutritional values.

	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>ISLAND FAVORITES (HI)</b>											
Coconut Margarita	220	0	0	0	0	0	210	31	0	29	0
Island Time Sangria	230	0	0	0	0	0	5	33	2	29	1
Maui Mule	340	0	0	0	0	0	10	54	0	51	0
Yuzu Drop (HI)	230	0	0	0	0	0	1	27	0	25	0
Tahitian Pineapple	290	0	0	0	0	0	1	34	0	31	0
Mai Tai (HI)	310	0	0	0	0	0	25	39	0	37	1
Blue Hawaiian	290	0	0	0	0	0	10	42	0	39	0
Lava Flow	490	80	9	8	0	0	35	79	4	69	2
Piña Colada	520	70	8	7	0	0	35	75	1	73	1
Coco-Hemingway Daiquiri	240	10	1.5	1	0	0	10	29	0	26	0
Big Island Ohana Punch	290	0	0	0	0	0	3	42	0	39	0
Japanese Whisky Sour	250	0	0	0	0	0	1	26	0	25	0
Mango Eruption	350	35	4	3.5	0	0	20	48	1	47	1
Paradise in a Pineapple	440	40	4.5	4	0	0	20	64	1	62	1
<b>ALL DAY MORNING COCKTAILS</b>											
Factory Peach Bellini	250	0	0	0	0	0	10	46	1	44	1
Strawberry Spritz	300	0	0	0	0	0	1	21	0	18	0
Strawberry Spritz (PR)	280	0	0	0	0	0	1	21	0	19	0
Sparkling Sunrise Sangria	260	0	0	0	0	0	4	30	1	26	0
Sparkling Sunrise Sangria (UT)	290	0	0	0	0	0	4	32	1	29	0
Sparkling Sunrise Sangria (PR)	230	0	0	0	0	0	4	28	1	23	0
Bloody Mary	430	60	8	3.5	0	20	1190	55	22	33	10
Island Aperol Spritz (HI)	260	0	0	0	0	0	10	36	0	35	0
Lilikoi Mimosa (HI)	240	0	0	0	0	0	10	34	0	33	0
<b>SPECIALTY DRINKS</b>											
Lemon Drop	270	0	0	0	0	0	2	28	0	27	0
Raspberry Lemon Drop	270	0	0	0	0	0	2	32	1	30	0
Cucumber Martini (PR)	260	0	0	0	0	0	10	28	0	24	0
Strawberry Martini	250	0	0	0	0	0	2	14	0	13	0
Strawberry Martini (UT)	200	0	0	0	0	0	2	14	0	13	0
Georgia Peach	350	0	0	0	0	0	10	55	1	53	1
Georgia Peach (UT)	330	0	0	0	0	0	10	55	1	53	1
Pineapple Moscow Mule	320	0	0	0	0	0	20	49	1	46	0
Pineapple Moscow Mule (UT)	280	0	0	0	0	0	20	45	1	42	0
Yuzu Drop	250	0	0	0	0	0	1	30	0	29	0
Yuzu Drop (UT)	260	0	0	0	0	0	1	35	0	33	0
Yuzu Drop (PR)	230	0	0	0	0	0	1	28	0	27	0
Sangria	160	0	0	0	0	0	10	24	2	21	1
SkinnyLicious® Sangria	130	0	0	0	0	0	10	19	1	17	0
Gin Rickey Crush	250	0	0	0	0	0	15	29	1	26	0
Gin Rickey Crush (UT)	230	0	0	0	0	0	15	29	1	26	0
Gin Rickey Crush (PR)	230	0	0	0	0	0	15	27	1	23	0
J.W.'s Pink Lemonade™	300	0	0	0	0	0	10	49	1	45	0
J.W.'s Pink Lemonade™ (UT)	290	0	0	0	0	0	10	50	1	47	0
J.W.'s Pink Lemonade™ (PR)	270	0	0	0	0	0	10	45	1	41	0
Mango Crush (PR)	280	0	0	0	0	0	10	41	0	38	0
Mai Tai	310	0	0	0	0	0	10	36	0	33	1
Mai Tai (UT)	270	0	0	0	0	0	10	34	0	32	1
Mai Tai (PR)	320	0	0	0	0	0	10	37	0	34	1
Strawberry Negroni	210	0	0	0	0	0	3	12	0	12	0
Strawberry Negroni (PR)	220	0	0	0	0	0	5	13	0	13	0
Negroni	170	0	0	0	0	0	4	11	0	11	0
Negroni (UT)	150	0	0	0	0	0	4	11	0	11	0
The Well-Mannered Dirty Martini	250	45	6	1	0	5	1000	0	3	0	1
The Well-Mannered Dirty Martini (UT)	140	40	5	1	0	5	830	0	3	0	1
Espresso Martini	250	0	0	0	0	0	2	23	0	22	0
Espresso Martini (PR)	250	0	0	0	0	0	2	23	0	22	0
Espresso Martini (UT)	210	0	0	0	0	0	2	19	0	18	0
Espresso Martini (SUB)	240	0	0	0	0	0	1	21	0	21	0
<b>NON-ALCOHOLIC SPECIALTIES</b>											
Paradise Punch	120	0	0	0	0	0	3	31	0	29	0
Passion Mint Fizz	110	0	0	0	0	0	15	27	1	24	1
Pineapple Cherry Limeade	150	0	0	0	0	0	15	37	0	34	0
Guava Sparkler	160	0	0	0	0	0	15	39	0	35	1
Tropical Ginger Cooler	140	0	0	0	0	0	15	36	0	34	0
Yuzu Crush	130	0	0	0	0	0	4	34	0	32	0
Yuzu Crush (HI)	130	0	0	0	0	0	4	34	0	32	0
Coconut Limeade (HI)	190	5	0.5	0	0	0	20	44	0	42	0
Sparkling Grapefruit Cooler	150	0	0	0	0	0	560	36	0	34	0
Black Cherry Sweet Cream Soda	380	140	15	10	0.5	55	15	36	0	53	1
Pineapple Coconut Sweet Cream Soda	380	170	18	12	0.5	55	45	55	1	54	1
Root Beer Float Sweet Cream Soda	310	140	15	10	0.5	55	25	44	0	42	1
<b>MARGARITA</b>											
The Ultimate	270	0	0	0	0	0	170	29	0	27	0
Strawberry Infused Margarita	280	0	0	0	0	0	270	28	0	27	0
Strawberry Infused Margarita (PR)	280	0	0	0	0	0	270	28	0	27	0
Passion Fruit Margarita	240	0	0	0	0	0	5	32	0	31	0
Margarita Verde	230	0	0	0	0	0	580	20	1	17	1
Margarita Verde (PR)	210	0	0	0	0	0	570	17	1	15	1
Pineapple Mezcal	290	0	0	0	0	0	250	36	0	33	0
Pineapple Mezcal (PR)	270	0	0	0	0	0	250	36	0	33	0
Paloma Rosa	320	0	0	0	0	0	560	36	1	33	0
Paloma Rosa (PR)	320	0	0	0	0	0	560	36	1	33	0

















